



Sweet

THINKING

BIBLE VERSES TO KEEP YOUR MIND ON THE
SWEET THINGS OF GOD

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hey sugar!

Many people find comfort and inspiration in various Bible verses when facing mental health challenges. My hope is these sweet little pages of Bible verses will remind you of the LOVE God has for you—and YOU are NOT alone!



YOU ARE

Loved!

1

Philippians 4:6-7 (NIV):

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

2

Psalms 34:17-18 (NIV):

"The righteous cry out, and the Lord hears them; he delivers them from all their troubles. The Lord is close to the brokenhearted and saves those who are crushed in spirit."

3

Matthew 11:28-30 (NIV):

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

GOD LOVES YOU MORE!

4

Psalm 42:11 (NIV):

"Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God."

5

Isaiah 41:10 (NIV):

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

6

Corinthians 1:3-4 (NIV):

"Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles so that we can comfort those in any trouble with the comfort we ourselves receive from God."

7

Psalm 94:19 (NIV):

"When anxiety was great within me, your consolation brought me joy."

NEVER GIVE UP!

8

Proverbs 3:5-6 (NIV):

"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

9

1 Peter 5:7 (NIV):

"Cast all your anxiety on him because he cares for you."

10

Psalm 23:4 (NIV):

"Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me

BUTTERFLY BLESSINGS,

Misty

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